

Rutherford Chronic Limb Ischemia Classification System Stratifies Risk in Patients Undergoing Lower Extremity Revascularization: Insights from VOYAGER PAD



R. Wilson King, MD, MBA
University of Colorado, Dept of Surgery
CPC Clinical Research

Background

- Risk stratification for patients with PAD is important for both medical and surgical care
- Novel medical therapies such as aggressive lipid lowering therapy, antiplatelets, anti-thrombotics, are being used to mitigate progression of disease and adverse limb events (amputation, acute limb ischemia)

Rutherford Chronic Limb Ischemia Classification

- Designed in 1986
 to grade severity of
 peripheral artery
 disease
- Widely accepted for risk stratification in trials and registries

Rutherford Stage	Signs and Symptoms
0	Asymptomatic
1	Mild claudication
2	Moderate claudication
3	Severe claudication
4	Rest pain
5	Ischemic ulcers of digits
6	Severe ischemic ulcers or gangrene

Objective

- Primary Objective: examine the risk of amputation post lower extremity revascularization (LER) stratified by baseline Rutherford Chronic Limb Ischemia Stage
- Determine the risk of other limb events based on Rutherford Stage
- Examine utility of low dose rivaroxaban in each Rutherford Stage

Methods



NCT02504216

6,564 Patients with Symptomatic Lower Extremity PAD* Undergoing Peripheral Revascularization

*Ankle Brachial Index < 0.90 and Imaging Evidence of Occlusive Disease

ASA 100 daily for all Patients Clopidogrel at Investigator's Discretion

Randomized 1:1 Double Blind

Rivaroxaban 2.5 mg twice daily

Stratified by Revascularization Approach (Surgical or Endovascular) and Use of Clopidogrel

Placebo

Follow up Q6 Months, Event Driven, Median f/u 28 Months

<u>Primary Efficacy Endpoint</u>: Acute limb ischemia, major amputation of vascular etiology, myocardial infarction, ischemic stroke or cardiovascular death

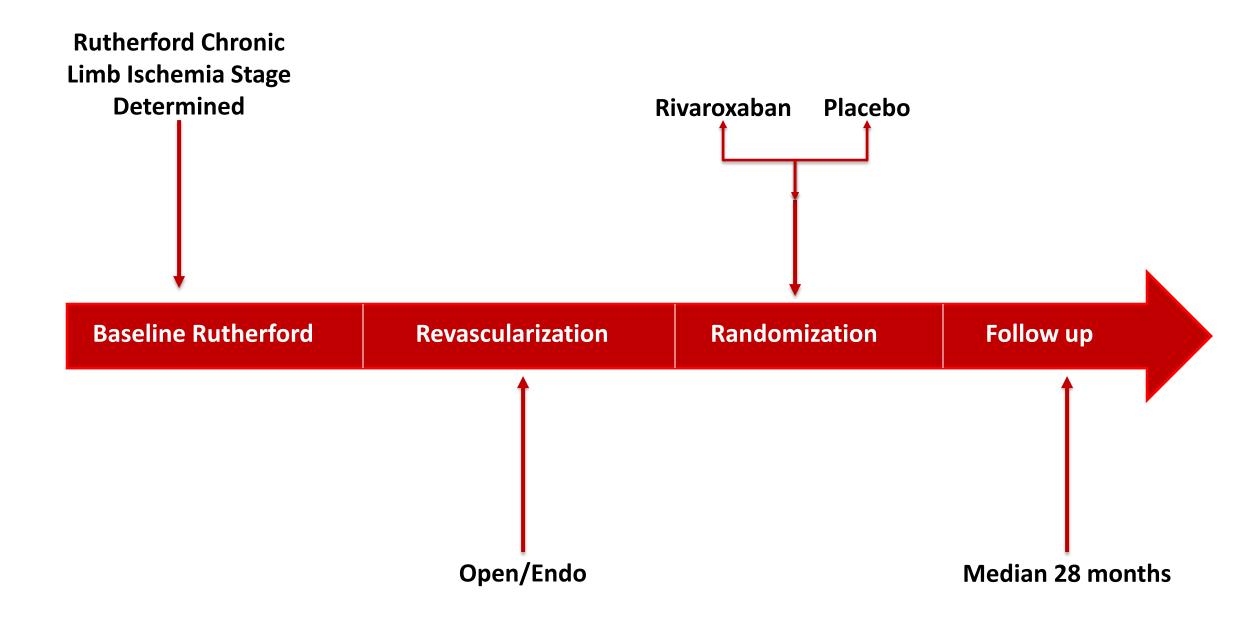
Principal Safety Outcome: TIMI Major Bleeding





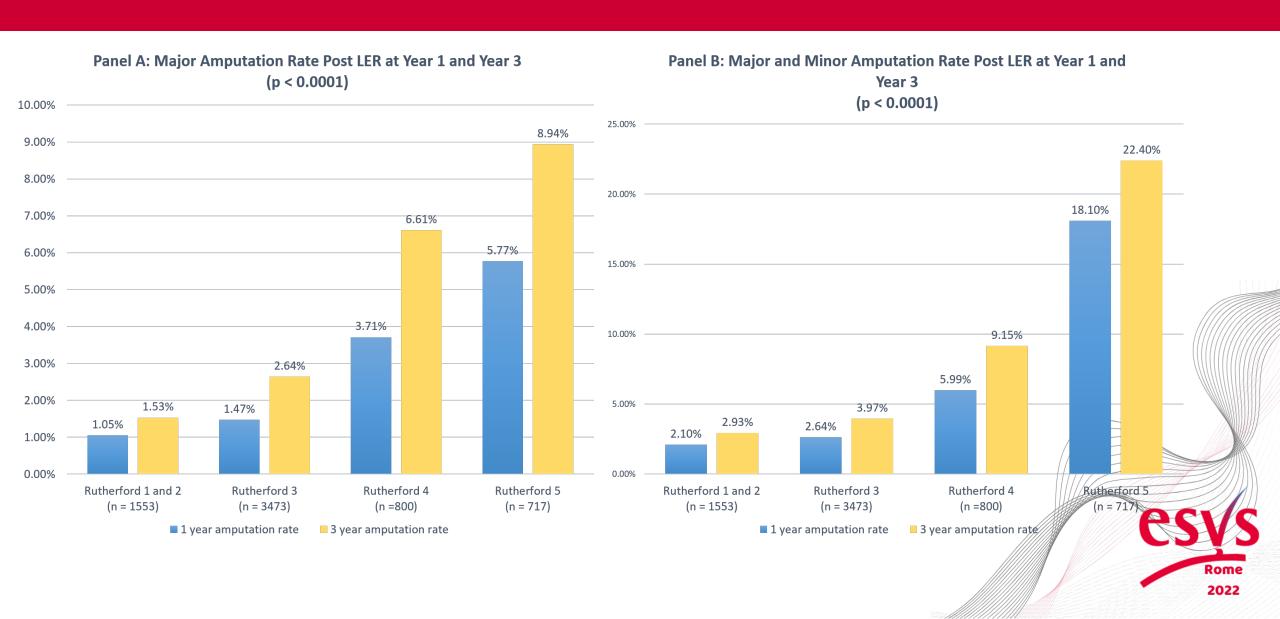
Methods

- VOYAGER PAD patients were categorized by baseline Rutherford Chronic Limb Ischemia Stage
 - Rutherford 1 and 2 are combined due to trial protocol
- Amputation incidence (major, minor and major) at one year and three years were determined
- Incidence of the composite of Major amputation +
 Acute Limb Ischemia at each baseline Rutherford
 Stage were determined; comparisons between
 Rivaroxaban and placebo were made



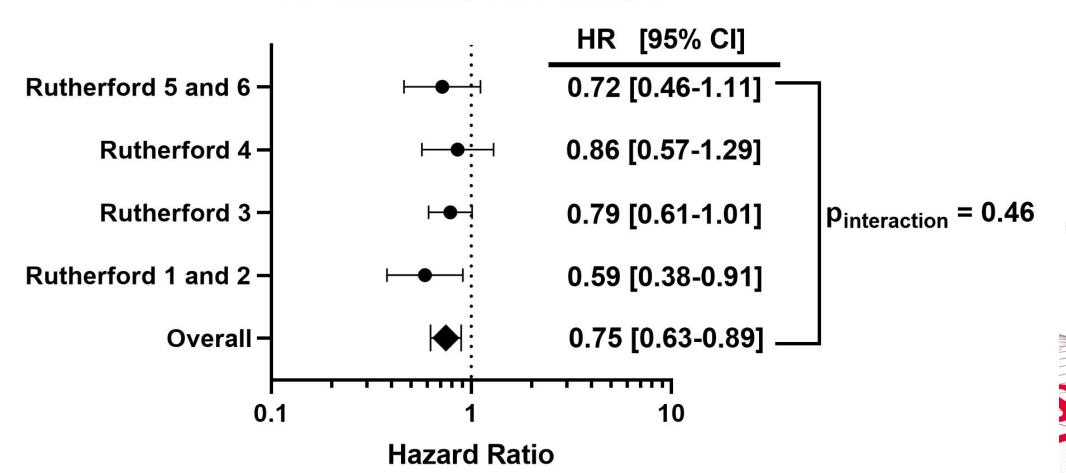


Results- Amputation Events



Results- Composite of Major Amputation and ALI: Rivaroxaban vs. Placebo

3 Year Incidence of Amputation/ALI Rivaroxaban vs. Placebo



Conclusion

- Baseline pre LER Rutherford Chronic Limb Ischemia Stage provides risk stratification for amputation events
- There is a significant association between Rutherford Stage and outcomes, even after successful LER suggesting other drivers of limb events
- These data are useful when risk stratifying patients or predicting limb event rates in PAD post LER clinical trials
- Rutherford remains relevant in the modern era of PAD