

The Endovascular Approach to the Patient with Lower Extremity PAD (Claudication and CLTI)

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Formal Classification Systems of PAD



Table I. Classification schemes of peripheral arterial disease

Classification	Stage	Clinical description
Fontaine	Ι	Asymptomatic
	IIa	Mild claudication
	IIb	Moderate-to-severe claudication
	III	Rest pain
	IV	Ulceration or gangrene
Rutherford	0	Asymptomatic
	1	Mild claudication
	2	Moderate claudication
	3	Severe claudication
	4	Rest pain
	5	Minor tissue loss
	6	Severe tissue loss or gangrene

About Robert Rutherford

1931-2013



Varu J Vasc Surg 2010;51:230-41.-







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Varu J Vasc Surg 2010;51:230-41.





Prior Revascularization is a Risk Factor for Adverse Limb Events



COMPASS



Table 3. Baseline Factors Associated With ALI Hospitalization Among the Overall Study Population (Table riew)					
	HR (95% CI)	P Value			
Age, per 10 y	0.8 (0.7, 1.0)	0.02			
BMI, per unit increase, kg/m ²	1.0 (0.7–1.0)	0.03			
Region (South America as the reference)		0.03			
Asia	1.1 (0.5–2.1)	0.88			
Europe	1.8 (1.0–3.2)	0.04			
Nouth Amorica		0.00			
Previous lower extremity revascularization	4.7 (3.3–6.8)	<.01			
	1.0 (1.1, 0.2)	0.00			
Baseline ABI		<.01			
Per 0.1 ABI decrease in patients with baseline ABI ≤0.60	1.3 (1.1–1.5)	<.01			
Per 0.1 ABI decrease in patients with baseline ABI >0.60	1.1 (1.0–1.2)	0.16			
Baseline statin use	0.7 (0.5–0.9)	<.01			
Baseline angiotensin receptor blocker use	0.7 (0.5–1.0)	0.05			
Randomized treatment: ticagrelor (clopidogrel as reference)	1.0 (0.8–1.3)	0.91			

EUCLID

Bonaca, JACC Vol 72, No. 20, 2018; Hess et al. Circulation Volume 140, Issue 7, 13 August 2019; Pages 556-565









Claudication versus CLTI

Claudication

Low risk of limb loss More favorable survival Higher functional status Fewer comorbidities

Treatment goals:

- Improve Walking performance
- 2ary prevention

<u>CLTI</u>

High risk of limb loss Higher mortality Lower functional status More comorbidities

Treatment goals:

- Limb salvage
- 2ary prevention









Claudication versus CLTI

It is important to understand different PAD subgroups and their indications for potential revascularization.







Claudication versus CLTI



It is important to consider different patient subgroups and their indications for potential revascularization.

It is also important to consider different anatomic subsets!







Rationale for Revascularizing 'Inflow': Better Patency



		1 y	ear	2 year	
First author	Year	PP (%)	SP (%)	PP (%)	SP (%)
Nyman	2000	97	100 ^a		
Scheinert	2001	84	88	81	88
Ali	2003			84	95 ^b
Greiner	2003		91 ^a		65 ^a
Rzucidlo	2003	70	88		
Domanin	2005	70	88		
Lagana	2006	89	100		
Ballzer	2006				
De Roeck	2006	94	100	89	94
Park	2007	C 94	C 97		
		D 93	D 94		
Piffaretti	2007	92		86	
Bjorses	2008	97	100	88	97
Ćhang	2008				
Gandini	2008	95	97	93	96
Hans	2008				
Sixt	2008	C 86	C 98		
		D 85	D 98		
Sharafuddin	2008				
Kashyap	2008	90	97	82	97
Moise	2009	85	100		

Meta-analysis of 1711 patients who underwent aorto-iliac intervention across 19 studies

2016 ACC / AHA Lower Extremity PAD Guidelines

COR	LOE	RECOMMENDATIONS
Ĩ.	А	Endovascular procedures are effective as a revascularization option for patients with lifestyle-limiting claudication and hemodynamically significant aortoiliac occlusive disease (12,37,38,232,240,242,246).

Jongkind et al. JVS 2010;52:1376-83; Gerhard-Herman et al. JACC Vol. 69, No. 11, 2017





Rationale for Revascularizing 'Inflow': Better Patency





Jongkind et al. JVS 2010;52:1376-83; Gerhard-Herman et al. JACC Vol. 69, No. 11, 2017



Mois





Superficial Femoral Artery





Middle-aged men (n = 1,423) in Aragon Workers' Health Study underwent carotid and femoral ultrasound + noncontrast coronary computed tomography.

Laclaustra et al. JACC Vol 67 No. 11 2016



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Long SFA occlusions is common anatomic pattern and the bane of endovascular intervention for claudication





Case: Revascularization for Walking Performance: *After offering structured walking and cilostazol*







Drug-coated balloc angioplasty



Followup, medical management, and surveillance

Low-dose FXa inh / asa Risk factors







Case: Revascularization for Walking Performance: *After offering structured walking and cilostazol*







angioplasty



Followup, medical management, and surveillance Low-dose FXa inh / asa Risk factors







Claudication versus CLTI: Anatomy



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	IV	Ulceration or gangrene		
Rutherford	0	Asymptomatic		
	1	Mild claudication		
	2	Moderate claudication		Above-knee disease
	3	Severe claudication		
	4	Rest pain		1
	5	Minor tissue loss		Below-knee disease
	6	Severe tissue loss or gan	igrene	





Most CLTI patients have below-knee disease





450 consecutive patients with CLI undergoing infrainguinal angiography at 2 academic institutions

Anatomy retrospectively characterized

91% popliteal or tibioperoneal occlusion

Table IV. Distribution of occlusions in arterial groups in patients with critical limb ischemia

Carlos A. Rueda, MD,^{a,b} Mark R. Nehler, MD,^{a,b} Darryl J. Perry, BS,^b Robert B. McLafferty, MD,^c Ivan P. Casserly, MB, Bch,^a William R. Hiatt, MD,^{a,b} and Brian D. Peyton, MD,^a Denver, Colo; and Springfield, Ill

J Vasc Surg 2008;47:995-1000







Treatment Goals Vary Across CLTI Categories



Rutherford 4 (rest pain)

- Less risk of amputation
- Patency important for long-term clinical result
- May require less extensive revascularization for clinical success

Rutherford 5-6 (tissue loss, gangrene)

- Higher risk of amputation
- Patency important for wound healing
- May require more extensive revascularization







Angiosomes Below the Knee





Wound Healing is Probability Spectrum





Mills et al (J Vasc Surg 2014;59:220-34.







CLTI Case: Initial Angiogram





71 year-old male with non-healing lateral forefoot wound *(lateral plantar angiosome)*



























Orbital atherectomy

IVUS-guided nitinol-caged balloon angioplasty









Treatment by Category of PAD

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Goal Avoid





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J Vasc Surg 2010;51:230-41.

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@SVM_tweets

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Goal Avoid



Avoid

Treatment by Category of PAD

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Fontaine Rutherford	I IIa IIb III IV 0 1 2 3 4 5 6	Asymptomatic Mild claudication Moderate-to-severe claudication Rest pain Ulceration or gangrene Asymptomatic Mild claudication Moderate claudication Severe claudication Rest pain Minor tissue loss Severe tissue loss or gangrene	 Prevention Exercise Cilostazol Revascularization balancing patient degree of limitation / patency 	







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Classification	Stage	Clinical description		Goal	Avo
Fontaine Rutherford	I IIa IIb III IV 0 1 2 3 4 5	Asymptomatic Mild claudication Moderate-to-severe claudication Rest pain Ulceration or gangrene Asymptomatic Mild claudication Moderate claudication Severe claudication Rest pain Minor tissue loss	 Prevention Limb salvage Revascularization balancing patency for rest pain and extent for tissue loss 		
	6	Severe tissue loss or gangrene			







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Thank you!







Case: Treated 'Inflow' 1st in Patient with Rutherford 4 Symptoms

Technical considerations:

- Radial access (intended diagnostic only, consented for BEST CLI)
- Self-expanding stent used. Balloon-expandable reasonable.
- Did not use covered stent, adjacent to internal iliac

Clinical followup:

- Moved from Rutherford 4 \rightarrow 3
- Started SET, cilostazol
- Residual SFA occlusion











